The Whitmore
Whistler
Fall 2016

MOST WANTED VOLUNTEERS

President
Secretary
Directors
Soccer Coordinator

see page 2 for position details

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The Whitmore Park Community Association would like to acknowledge the support it receives from the City of Regina.

City of Regina | REGINA Infinite Horizons

The Whitmore Whistler is printed three times a year. It is published in January, April and September.

The Editorial Committee members are: Lori Giroux, Terry Madole, and Leslie Mathiason

We'd like to hear what you think!

If you have a story, topic, suggestion or advertisement, we'd like to hear from you!

Deadline for next issue: November 15, 2016

newsletter@whitmorepark.ca

The content of the Whitmore Whistler does not necessarily express the views of the WPCA.

Keep up to date on what's happening in Whitmore Park, or past issues of the Whistler at:

www.whitmorepark.ca and

Whitmore Park Community Association

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WPCA Needs Volunteers!

The Whitmore Park Community Association is looking for volunteers that are interested in helping to shape our community.

This fall the WPCA will be looking for interested individuals to fill 5 Board positions.

All Board position are for a term of 2 years.

1. President

- The President is expected to preside at or appoint someone to chair all Board Meetings and at all Executive meetings. They will also represent the Association at public affairs. The President may also be involved in other duties as designated from time to time from the Board.

2. Secretary

- The Secretary is expected to keep a record of the proceedings of the Board meetings and Annual General Meetings. The Secretary shall read all official communication to the Association, write correspondence as directed by the Board, keep on file all important papers, and generate Annual Reports. In addition, the Secretary will distribute minutes of meetings to all members of the Board.

3. Director (3)

- Directors are voting members of the board that can head up sub-committees based on their interests. We currently have Director of Neighbourhood Watch and a Director of the Whitmore Whistler. Directors do not have to participate in sub-committees.

4. Soccer Coordinator

- This position will take on a role as an active Board member on the South Regina Community Soccer (SRCS) league executive. The SRCS provides an outdoor soccer program each spring to 1000+ children, primarily from south Regina. The WPSC participates in a team approach with other members of the SRCS Board to provide registration sessions, equipment procurement and distribution, team building and scheduling, soccer pitch procurement, referees and linesmen, marketing and various other activities required for operation of the league.

Elections for Board position occur at our fall AGM in October. If you are interested in any of these positions we invite you to enquire via email to **president@whitmorepark.ca**

South Regina Community Soccer - 2016 Season in Review

This was another great year for South Regina Community Soccer. There were 1011 players, almost our record number of participants. These players formed 89 teams in U4 to U18 age divisions.

This season, a few rainouts were experienced during the 8 week season. A total of 712 games were scheduled to be played, plus the wind-up games on June 25. At the wind-up, the coaches and many of the players confirmed that they had a wonderful season and most would be back next year. Some of the youngest players confirmed that they did indeed score a goal, and that they learned to pass the ball and most importantly, they had fun!

The 2016 SRCS coordinator team consisted of only 5 - by the end of the season - very tired volunteers. This group struggled with the many components of putting together a soccer season for your children. Three or four more volunteers, each taking on a role, would assist significantly in making the planning and coordination of the soccer program much more manageable for all. The areas not covered at present are: marketing, website editing, team building and scheduling.

The time commitment is typically 4 or 5 planning meetings, participation in 2 registration sessions in February and March, the equipment sort day in April and the wind-up day at the end of June, in addition to the work related to your volunteer job of choice. Many hands make light work. If interested in joining the team, please contact Alberta by early October at albertayam@yahoo.com or 306-529-4511.

ART FROM THE ATTIC SALE

September 17, 2016
10:00 a.m. to 4:00 p.m.

Cathedral Community Centre,
2900 - 13th Avenue, Regina

Grandmothers 4 Grandmothers Regina is hosting this giant one-day sale of art. Proceeds go toward the work of the Stephen Lewis Foundation to support grandmothers, in sub-Saharan Africa, who are raising their orphaned grandchildren.

Do you have art hiding in your basement, the closet, the attic?
Consider donating to Art From The Attic.

Contact: g4gregina@sasktel.net

Youth Leadership Awards 2016

Congratulations to Benjamin Hillis of Dr. Martin LeBoldus High School who was presented with a $500 Whitmore Park Community Association Youth Leadership Award at their school grad exercises in June 2016, for their volunteer contributions to the Whitmore Park Community and the City of Regina.

For the past 14 years, the Whitmore Park Community Association has presented these awards to grade 12 students at both LeBoldus High School and Campbell High School. This year there was no applicant for the award from Campbell High.

Benjamin Hillis plans to become involved in innovating technology and is especially interested in building and designing wind turbines and other renewable energy sources. Benjamin will be attending the engineering program at the University of Regina this fall. Some of Benjamin's extracurricular activities include basketball, volleyball, badminton and track and field. He has also volunteered with the LeBoldus SRC, SADD chapter, Best Buddies program and the Jean Vanier Swim program with disabled youth. Benjamin believes that volunteering is a way to give back to your community and is a way for any person to make a difference in the world. Benjamin's suggestion to make Whitmore Park a better place for youth is the development of better outdoor basketball courts and other outdoor athletic facilities.

WPCA Winter 2016 Program Registration

September 13, 2016 • 7:00pm - 8:00pm

Campbell Collegiate Auditorium • 102 Massey Road

HOW TO REGISTER FOR WPCA PROGRAMS & OTHER CITY-WIDE PROGRAMS

1. Attend the WPCA program registration for residents of Whitmore Park
2. Become a member ($5 per household). Membership valid from Sept. 1, 2016 - Aug. 31, 2017.
3. For WPCA programs: Register & pay for program(s) at the WPCA registration.
4. For other programs (run by other community associations): register for programs at the WPCA registration but do not pay. The sponsoring organization will contact you and collect the appropriate fees.

WPCA Refund Policy

All requests for refunds for WPCA programs must be made to Program Coordinator. Refunds will be granted if requested 2 weeks prior to program start. Anyone asking for refunds outside these limits may do so in writing to the Treasurer. Requests will be reviewed by WCPA Executive & will be considered for special circumstances on a prorated basis. $5 administration fee. No refunds for memberships.

DANCE FOR YOUNG CHILDREN

In these classes children will learn the joy and peace of movement and dance . There will be exercises and warmups that will be: ballet, tap, jazz or highland orientated; and then, sometimes movement work that is more creative and relaxing in nature.

CREATIVE DANCE • 3-4 YEARS

Gives children an introduction to the world of movement and dance while working on fundamental technique and imagination. Work is mostly teacher led with some child inspired work.

Instructor: Michelle Harvey

Limit: 5 per class
Dates: Thursdays, Oct. 6 thru Nov. 3, 2016
Cost: $30 / 5 classes
Time: 5:00 – 5:30 pm
Location: South Leisure Centre – Multipurpose Room

CREATIVE DANCE • 5-7 YEARS

Gives children an introduction to the world of movement and dance while working on fundamental technique and imagination. Work is mostly teacher led with some child inspired work.

Instructor: Michelle Harvey

Limit: 6 per class
Dates: Thursdays, Oct.r 6 thru Nov. 3, 2016
Cost: $30 / 5 classes
Time: 5:35 – 6:05 pm
Location: South Leisure Centre – Multipurpose Room

BABYSITTING

RED CROSS BABYSITTING

11+ years

The Canadian Red Cross Babysitting Course is a great opportunity for kids to learn some valuable child care and first aid skills. This course will help in learning how to care for babies, toddlers, pre-schoolers and school aged children as well as how to handle emergency situations.

Students must bring a doll, pen, paper and a NUT-FREE bagged lunch.

Date: Saturday, October 22, 2016 (9:00 am – 5:00 pm)
Cost: $45.00
Location: Grant Road School GymADULT

FITNESS

CARDIO BOOTCAMP

This athletic workout incorporates strength training and cardio intervals that will make you sweat. It is a workout with basic cardio movements taken to various levels of intensity.

Instructor: Nina Hurlbert

Dates: Tuesdays, Sept. 20 thru Dec.r 6, 2016
Cost: $72.00 / 12 classes
(Drop-In fee – $7 per class)
Time: 6:00 pm – 7:00 pm
Location: Grant Road School

GUTS AND BUTTS AND CORE

This class combines strength training exercises to target leg and core areas with the use of strength tools such as bands, gliders, bender balls and a mat. All equipment is provided.

Instructor: Nina Hurlbert

Dates: Thursdays, September 29 thru December 8, 2016 (no class Oct.27)
Cost: $60.00 / 10 classes
(Drop-In fee – $7 per class)
Time: 6:00 pm – 7:00 pm
Location: Grant Road School

PILATES AND MORE

This Multi-level class gives the beginner a great introduction to Pilates. Returning participants will challenge themselves learning new variations. The "& More" includes Bender balls, flexbands & magic circles. Yamuna balls provide therapeutic small ball release to relieve muscle tension.

Instructor: Karen Freitag-Bacon

Dates: Tuesdays, September 20 thru November 22, 2016
Cost: $60.00 / 10 classes
(Drop-In fee – $7 per class)
Time: 8:00 pm – 9:00 pm
Location: Massey School gym

FOREVER ...IN MOTION (50+ YEARS)

The program includes endurance, strength, balance and flexibility activities which may be performed either in sitting or standing positions. Groups are led by peer volunteer leaders who have taken the Forever... in Motion training offered by the Regina Qu'Appelle Health region. Registration at first class.

Dates:
Mondays Sept 12 - Dec 12 at 10:00 am
Thursdays Sept 15 - Dec 15 at 1:00 pm
Location: Whitmore Park United Church

W.P.C. RECREATIONAL HOCKEY

14 YRS - SENIOR

This year, WPCA is offering recreational hockey to individuals 14 and up on Friday evenings. This is an opportunity for various generations of hockey lovers to play an hour of hockey once weekly for 20 ice times. Former WPCA Outdoor hockey players are encouraged to participate. * Full equipment is required.

Time: 8:45-9:45
Start Date: Oct. 14, 2016
Location: Murray Balfour Hockey Rink
Fee: $185 and WPCA Membership Card
For more information:
Jim Appleby 584-7218

New Bylaw Approved: Regina Community Standards Bylaw 2016-2

On March 29, 2016, the City of Regina approved the updated Regina Community Standards Bylaw No. 2016-2, replacing the 2005 Regina Property Maintenance Bylaw which was repealed on the same date. The new bylaw, which has been extensively updated, recently came into force on May 1, 2016 and applies to both owned and rented properties.

The primary purpose of the Regina Community Standards Bylaw is, according to the City of Regina web-site, to "establish standards to regulate the maintenance of properties and structures within Regina in an attractive, tidy and safe condition and provide for enforcement of those standards." Given the challenges that Regina neighborhood communities have to ensure that the integrity of their neighborhoods and proper-ty values are sustained; the newly updated bylaw is fully welcome as it clearly explains requirements for the many aspects of house and property upkeep.

The bylaw clearly describes and addresses issues related to the outside and inside of home properties; such as junked, unlicensed vehicles, uncared-for weed-filled yards, peeling paint on the exterior of houses and outbuildings, unstable outdoor porches, sidewalks and driveways, just to name just a few. The Bylaw also includes indoor standards for cleanliness, proper floor coverings, stairway standards, wall and ceiling maintenance amongst others. Heating and mechanical standards are also included.

For those who do not comply with the property standards covered under The Regina Community Stand-ards Bylaw there are a number of enforcement processes that will be implemented. Please read about these processes in the article by Ernie Polsom, Fire Chief (Director), Regina Fire and Protective Services Bylaw Enforcement Branch on page 6 in this issue of *the Whitmore Whistler*.

The Regina Community Standards Bylaw 2016-2 is posted on the WPCA website at **www.whitmorepark.ca** under the City of Regina Info tab. Please take the time to read the bylaws so you can be informed of the standards that all residents in Regina are required to uphold, including Whitmore Park. Whether you are a homeowner or renting a home, Whitmore Park is YOUR neighborhood; help make it the best it can be; for yourself and your neighbors!

A good neighbor is a priceless treasure.

~ Chinese Proverb

http://www.regina.ca/opencms/export/sites/regina.ca/residents/bylaw/.media/pdf/2016-2.pdf

Whitmore Park - A Community That Cares

Working Together to Make Great Neighbourhoods Even Better

Barbara Young, City Councillor, Ward 1
(306) 539-4081
byoung@regina.ca

Kindermusik
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Calling all Kids 7 and Under!
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Angelika....584-5199
www.kindermusik.com

Regina Bylaw Enforcement

Regina Fire and Protective Services Bylaw Enforcement Branch

As the Regina Fire and Protective Services Bylaw Enforcement Branch, we provide both proactive and complaint-driven enforcement services. We respond to all customer complaints that come to us, usually through Service Regina. In addition, bylaw enforcement officers conduct proactive inspections while per-forming routine inspections with an emphasis on issues related to public safety. Response time may de-pend on volume of complaints, availability of resources, and priority (i.e. issues of public safety are top priority).

The focus of managing any complaint is to resolve the issue. It may be that the person calling believes there is a violation, when in fact there is not. In all cases our bylaw enforcement officers investigate and, to the extent possible, seek to inform the complainant that either an action has been undertaken or that no action is warranted.

In cases of imminent risk to life or public safety, the Cities Act provides the City with the authority to take immediate steps to remedy the situation. For the most common property violations covered under The Regina Community Standards Bylaw (e.g., untidy/unsightly property, graffiti, junked vehicles, etc) there are a number of enforcement processes that may be engaged. We seek to inform and gain compliance wherever possible through the use of education and voluntary compliance. Most residents are happy to comply when informed of a violation that is causing their neighbors' stress. There are a small number of people for whom this approach does not work.

If the problem cannot be resolved through voluntary compliance, the officer may issue an Order to Comply giving the owner a specified period of time to rectify the problem. Typically a minimum of 15 days is given to align with the time required to submit an appeal, which is mandated by The Cities Act. If compliance has not be achieved following the period of time specified, the City will perform the work required at the property owner's expense. In certain cases, if an order is not complied with, or if an order is not considered an appropriate remedy, a prosecution may be initiated.

Beginning in mid-2017, bylaw enforcement officers will start issuing Notice of Violation tickets for five types of bylaw violations: untidy and unsightly property, overgrown grass, open excavations, outdoor lighting, and junked vehicles. The ticket begins the enforcement process but allows for an offender to make a voluntary payment to avoid having to appear in court (see "Schedule B: Voluntary Payment Amounts" at bottom of this article).

Work is also underway to review all of our processes and procedures. We are reviewing case files and have established a continuous improvement process to ensure that we are learning from our experience and applying what we have learned.

Ernie Polsom
Fire Chief (Director), Regina Fire & Protective Services

For more information about the Community Standards Bylaw No 2016-2 visit **regina.ca/residents/bylaw**

SCHEDULE "B" VOLUNTARY PAYMENT AMOUNTS

Notice of Violation Bylaw section	Offence	1st Notice of Violation	2nd Notice of Violation	3rd Notice of Violation
12	Junked vehicle	$200	$300	$600
10	Untidy and unsightly	$500	$1,000	$1,500
13	Open excavation	$200	$500	$750
17(1)(a)	Failure to comply with an order	$500	$1,000	$1,500
17 (1)(d)	Deface, destroy or remove a posted order	$100	$150	$200
9 (1)	Overgrown grass	$100	$150	$200
14	Outdoor lighting	$100	$150	$200

Southside Pentecostal Assembly
41 Birchwood Road, Whitmore Park • **www.sparegina.com**

Church Service and Sunday School
Sundays at 10:00 AM

Fundraiser Supper
Friday, September 16
for ERDO/Canadian Foodgrains,
Tickets available at the church for $15

English as a Second Language
Classes in September
To register: Call 306-584-1442 or
email: contactthepastor@gmail.com
Spaces are limited so please register early.

Community Fall Potluck Supper

Wesley United Church 3913 Hillsdale St., Regina Mon. Oct. 3, 2016, 6-8 p.m.

Guest speaker: Pat Robinson, Counsellor, Regina Sexual Assault Centre: "Violence against Women: Regina and Beyond" Everyone is welcome! For more information contact Wesley: (306) 586-5220 or **www.wesleyuc.sk.ca**

After 10 years of the Mike Badham Memorial Walk, the WPCA, together with the Badham family, have decided that it is time for this event to come to a close.

Marge Badham has shared these words with the WPCA and all members of the Whitmore Park community:

"I want to say a big thank you for organizing the Mike Badham Walk these past ten years. It was good to meet with family, friends and neighbours who lived in Whitmore Park. We lived there over forty years, it is a wonderful community."

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Saturday: 10:00 am - 2:00 pm
Sundays & Holidays: Closed

Transfer or bring in your prescriptions and receive up to $20 towards your next purchase at the Medicine Shoppe.

Some restrictions apply; limit ONE per person)

City of Regina Information

City of Regina By-Laws are not all actively enforced; rather City officials rely on residents to report infractions by calling 306-777-7000, weekdays 8:00 am to 4:45 pm.

Amended regulations for front yard parking and the Permitted Neighbourhood Parking Diagrams are now available at whitmorepark.ca under "City of Regina Info"

FIREPITS

Some important information you should know: You may only operate your firepit between 12 pm and 1am. Bonfires and open fires are not permitted.
Small fires are permitted provided they are in containers meeting specifications outlined by the City of Regina. The burner should be well away from flammable materials (building, decks, fences, stacked wood, dry grass). You may only burn charcoal, seasoned wood or manufactured logs. You may NOT burn garden refuse, leaves, rubbish or materials that may be considered hazardous, or which produce black smoke. You should keep the fire small. A "roaring" fire can easily get out of control.
Fine for contravening regulations: $300.
For additional information, or to register complaints, please contact the City of Regina (777-7000) or check the website: http://www.regina.ca/Page299.aspx

REPAIRS? RENOVATIONS?

If your house is being repaired or renovated, you know that you suffer many inconveniences. Please consider the impact of the operations on your neighbours, especially if vehicles are parked on the streets and/or in front of neighbours' properties for lengthy periods. Please make sure that visiting workers & contractors don't inconvenience or endanger your neighbours

ELECTED REPRESENTATIVES

Ward 1 City Councillor: Barbara Young • (306) 539-4081 byoung@regina.ca

Regina Board of Education: Aleana Young • (306) 501-5510 aleana.m.young@gmail.com

MLA: Hon. Tina Beaudry-Mellor • Phone 306-565-5050 email admin@ReginaUniversityMLA.ca

MP: Hon. Ralph Goodale • (306) 585-1610 goodale.r@parl.gc.ca

Regina Catholic Schools • (306) 791-7200

NEW Little Free Library in Whitmore Park!

Whitmore Park Community Association is pleased to announce that our neighborhood has a new Little Free Library (LFL) located at 124 Champlain Drive. Many thanks to Hilary Craig and her husband for hosting another Little Free Library in Whitmore Park. We now have five LFL's in Whitmore Park. WPCA continues to receive notifications that other residents of our neighborhood would like to install a LFL on their properties in the future. If you are wondering where the closest Little Free Library is to where you live, check out their locations on the Whitmore Park website through this link: **http://whitmorepark.ca/little-free-libraries**.

If you are interested in establishing a Little Free Library on your property, contact the Little Free Library website at **https://littlefreelibrary.org**. Click on the REGISTER tab for more information on Little Free Libraries. When you register, you gain access to a network of benefits just for registered stewards. You also get an official charter sign, which allows you to use the name Little Free Library.

Stay tuned for more Whitmore Park Little Free Library locations in the future!

WPCA AGM

Wednesday, November 16, 2016 7:00 pm at Campbell High School

Regina Community Basketball Association

Celebrating 85 years of Fun, Fair Play and Development!

Youth basketball for boys & girls K-12
Registration opens August 1st
Register online: www.rcba.ca

306-584-3222
rcba@sasktel.net

@RCBAHoops